Meet Mingle Learn.............

The Department of Psychology invites you to join us on March 29, 2018 for the next presentation in our colloquium series.

Friendships and Social-Emotional Adjustment in Adolescence: A Trade-Offs Perspective

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Friendships are central relationships in the lives of youth, particularly in adolescence. The traditional approach to the study of friendships focuses on the benefits or provisions that these relationships provide. In this talk, I argue that a more nuanced approach that considers both costs and benefits is needed to more fully understand the role that friendships play in youths’ social and emotional adjustment. Specific friendship processes that carry adjustment trade-offs, namely co-rumination (i.e., excessive discussion of problems) and empathetic distress (i.e., taking on a friend’s distress as one’s own) are discussed.

University of Hartford
East Hall 105
March 29, 2018
12:30-1:30

Light Refreshments will be served

Questions? Please contact Sarah Ketay Ketay@hartford.edu